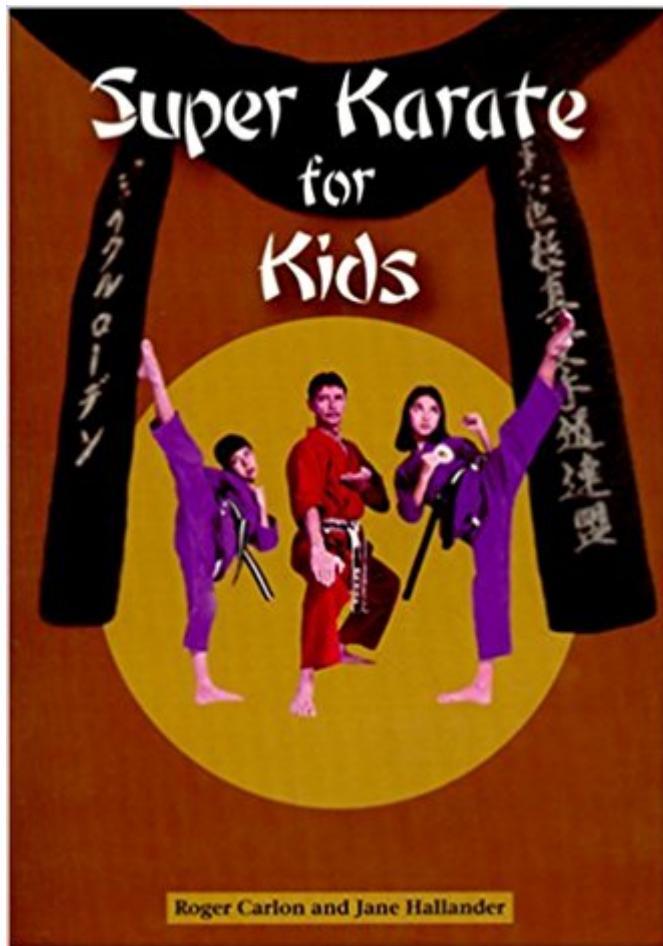


The book was found

Super Karate For Kids



Roger Carlon and Jane Hallander



Synopsis

By Roger Carlon. #328. 7 X 10, 174 pages, paperback. ISBN #1-892515-18-0. This is the first book to help young adults learn in a completely fun and safe manner on their own! Super Karate for Kids presents the basic skills common to most martial arts. It includes chapters on hand techniques, stretching and strengthening exercises, the four primary kicks, basic self-defense skills and games designed to make training fun and exciting!

Book Information

Paperback: 168 pages

Publisher: Unique Publications; 1st edition (October 1, 2000)

Language: English

ISBN-10: 0865681848

ISBN-13: 978-0865681842

Product Dimensions: 0.2 x 7 x 10 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #8,751,860 in Books (See Top 100 in Books) #53 in Books > Teens > Sports & Outdoors > Martial Arts #918 in Books > Children's Books > Sports & Outdoors > Martial Arts

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

By Roger Carlon. #328. 7 X 10, 174 pages, paperback. ISBN #1-892515-18-0. This is the first book to help young adults learn in a completely fun and safe manner on their own! Super Karate for Kids presents the basic skills common to most martial arts. It includes chapters on hand techniques, stretching and strengthening exercises, the four primary kicks, basic self-defense skills and games designed to make training fun and exciting!

[Download to continue reading...](#)

Kenpo For Beginners: How To Master The Moves & Mindset Of Kenpo Karate (Kenpo, Jeet Kune Do, MMA, Kempo Karate) Shoto's Traditional Karate Kai: My Life, My Art, In Karate And Tai-Chi Super Power Breathing: For Super Energy, High Health & Longevity (Bragg Super Power Breathing for Super Energy) Super humans, and Super Heroes edition 3: How too Cause Super humans and

Super Heroes with Quantum Physics Super Mario Run: Diary of Super Mario: Super Run for coins! (Unofficial Super Mario Run Book) Super Karate for Kids Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Karate for Kids (Martial Arts for Kids) Super Mario Coloring Book for Adults and Kids: Super Mario Coloring Book for Adults and Kids DC Super Hero Girls: Past Times at Super Hero High (DC Super Hero Girls Graphic Novels) Karate (Kids' Guides) Books for Kids: Lily the Little Mermaid (Mermaid Books for Kids, Children's Books, Kids Books, Bedtime Stories For Kids) (The Mermaid Stories: Kids Fantasy Books Book 2) Childrens Book : Fun facts about Egypt: (Ancient Egypt for kids) (Ages 4 - 12) (egypt picture book, pyramids for kids, mummies for kids, hieroglyphs for ... books for kids, egypt history for kids) Books For Kids : Charlie The Smart Elephant (FREE BONUS) (Bedtime Stories for Kids Ages 2 - 10) (Books for kids, Children's Books, Kids Books, puppy story, ... Books for Kids age 2-10, Beginner Readers) Books For Kids : Mimi finds a new friend (FREE BONUS) (Bedtime Stories for Kids Ages 2 - 10) (Books for kids, Children's Books, Kids Books, cat story, ... Books for Kids age 2-10, Beginner Readers) Shotokan's Secret: The Hidden Truth Behind Karate's Fighting Origins Karate-Do: My Way of Life Moving Zen: One Mans Journey to the Heart of Karate (Bushido--The Way of the Warrior) Moving Zen: Karate as a Way to Gentleness The Kenpo Karate Compendium: The Forms and Sets of American Kenpo

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)